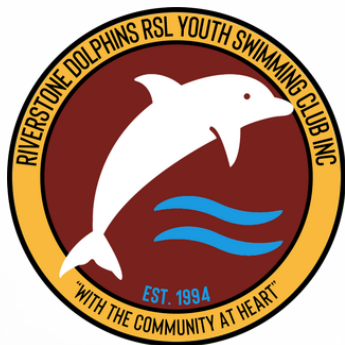




Riverstone Dolphins Twilight Meet

Riverstone Swimming Centre, Riverstone NSW

Saturday 17th October 2026

Warm up: 1:00 PM Start: 1:30 PM

Event #		Age	Stroke	Dist
M	F			
1	2	12 Yrs & Under	IM QT - 3:25.00	200
3	4	13 Yrs & Over	IM QT - 3:20.00	200
5	6	8 Yrs & Under	Backstroke	25
7	8	MC	Backstroke	50
9	10	8 Yrs & Under	Backstroke	50
11	12	9 - 13 Yrs	Backstroke	50
13	14	14 Yrs & Over	Backstroke	50
15	16	12 Yrs & Under	Butterfly	100
17	18	13 Yrs & Over	Butterfly	100
19	20	8 Yrs & Under	Freestyle	25
21	22	MC	Freestyle	50
23	24	8 Yrs & Under	Freestyle	50
25	26	9 - 13 Yrs	Freestyle	50
27	28	14 Yrs & Over	Freestyle	50
29	30	12 Yrs & Under	Breaststroke	100
31	32	13 Yrs & Over	Breaststroke	100
33	34	Open	Freestyle QT - 6:00.00	400

Event #		Age	Stroke	Dist
M	F			
35	36	8 Yrs & Under	Breaststroke	25
37	38	MC	Breaststroke	50
39	40	8 Yrs & Under	Breaststroke	50
41	42	9 - 13 Yrs	Breaststroke	50
43	44	14 Yrs & Over	Breaststroke	50
45	46	Open	Freestyle	200
47	48	12 Yrs & Under	Backstroke	100
49	50	13 Yrs & Over	Backstroke	100
51	52	MC	Butterfly	50
53	54	8 Yrs & Under	Butterfly	50
55	56	9 - 13 Yrs	Butterfly	50
57	58	14 Yrs & Over	Butterfly	50
59	60	Open	Backstroke	200
61	62	12 Yrs & Under	Freestyle	100
63	64	13 Yrs & Over	Freestyle	100
65		Parents Relay	Freestyle 4 x 50	200

**Visiting Clubs will be asked to assist with TimeKeeping.
Meet will be fully marshalled.**

Conditions of Entry

1. Meet conducted under the rules of SNSW Ltd and approved by SMNW Inc (AREA).
2. Online Entries \$8.50 (Broken down as \$7 entry fee & \$1.50 for the Meet Levy). Entries via [Swim Central](#) (Note: No Entry Fee for Event 65)
3. Parents Relay - Enter before 3pm
4. Pool Entry is \$4 per person payable at the gate (Both Swimmers and Spectators)
5. Program will ONLY be available to download for free from our website, [riverstonedolphins.com.au](#) before the carnival date.
6. Swimmers entering in 25m Events cannot swim 50m Events in the same stroke
7. MC, IM, 100M, 200M, 400M and 14 Yr & Over 50m events - Medals awards to 1st, 2nd & 3rd
8. 8 Yrs and Under 25M and 50M races, medals awarded to 8yrs, 7yrs & 6 and Under age groups
9. 9 - 13 years races, medals awarded to 1st, 2nd & 3rd in each age group
10. **Age as at the 17th October 2026**

11. The Meet Director reserves the right to amend the programme / conditions of entry.
12. By entering, entrant's parent or guardian is declaring the entrant fit to compete. In the event that an entrant experiences a medical issue competing at, or during the meet, the entrant will be required to provide a medical clearance from a health care professional before being allowed to resume competition at the meet. The Meet Director will have sole authority to adjudicate on this matter.
13. **Limited Seating - Marquees & Chairs welcome. Plenty of Grass Area!**
14. Refunds will not be given for simply changing your mind about an entry.
15. Start list will be available after online entries are finalised via our website [www.riverstonedolphins.com.au](#)
16. Results will be submitted to SNSW and posted on our website
17. Enquiries to the club race secretaries, Todd Dobson & Scott Lathlean - racesecretaryrdsc@gmail.com

**Entries via [Swim Central](#)
Entries close 11th October**